

National Lamington Day

This Saturday, July 21 is National Lamington Day!

One tale of this cubed cake's concoction offers that the French chef employed by the eighth governor of Queensland's wife Lady Lamington, accidentally dropped sponge cake into chocolate icing and thought it tasted quite nifty once rolled in coconut.

Another suggests that he had to whip up a dish to serve unexpected guests, resulting in day-old sponge cake being dipped in chocolate and sprinkled with coconut.

Whatever story you believe, enjoy a delicious Lamington this National Lamington Day!



Lamington recipe – makes 15

Ingredients

- 125g butter, softened
- 1 cup caster sugar
- 1/2 teaspoon vanilla extract
- 3 eggs
- 1 3/4 cups self-raising flour, sifted
- 1/2 cup milk
- 2 cups desiccated coconut

Icing

- 3 1/2 cups icing sugar mixture
- 1/4 cup cocoa powder
- 1 tablespoon butter, softened
- 1/2 cup boiling water



Method

1. Preheat oven to 180°C/160°C fan-forced. Grease a 3cm-deep, 20cm x 30cm (base) lamington pan. Line with baking paper, leaving a 2cm overhang on all sides. Using an electric mixer, beat butter, sugar and vanilla until light and fluffy. Add eggs, 1 at a time, beating well after each addition (mixture may curdle).
2. Sift half the flour over butter mixture. Stir to combine. Add half the milk. Stir to combine. Repeat with remaining flour and milk. Spoon into prepared pan. Smooth top. Bake for 30 minutes or until a skewer inserted in centre comes out clean. Stand in pan for 10 minutes. Turn out onto a wire rack. Cover with a clean tea towel. Set aside overnight.
3. Make icing: Sift icing sugar and cocoa into a bowl. Add butter and boiling water. Stir until smooth.
4. Cut cake into 15 pieces. Place coconut in a dish. Using a fork, dip 1 piece of cake in icing. Shake off excess. Toss in coconut. Place on a wire rack over a baking tray. Repeat with remaining cake, icing and coconut. Stand for 2 hours or until set. Serve.

ENJOY!



Resources: <https://theweekendedition.com.au/food-drink/national-lamington-day/>
<https://www.taste.com.au/recipes/lamingtons>